

Learn the Signs. Act Early.

The journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts. Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

YOU KNOW YOUR CHILD BEST.

If you are concerned about your child's development, talk to the doctor. If you have concerns about your child's development here is who you can call for further support:

Regional Center, Early Start Program

Kern Regional Center (KRC)

3200 N. Sillect Ave.
661-327-8531
kernrc.org

Family Resource Center

H.E.A.R.T.S Connection

200 S. MONTCLAIR ST. Suite A
Bakersfield, CA. 93309
661-328-9055
heartsfrc.org

Special Education Local Plan Areas (SELPA)

Kern County Superintendent of Schools

Lisa Holle
Program Specialist
Kern County Consortium
liholle@kern.org
661-636-4828
kern.org/selpa

Kern High School District

661-827-3100

Bakersfield City School District

Michael Cunningham Ed.D.
Assistant SELPA Director
Special Education Department
661-631-5863
bcsd.com

Centers for Disease Control and Prevention

www.cdc.gov/ActEarly
1-800-CDC-INFO

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Track Your Child's Developmental Milestones

For parents of children from birth to 5 years



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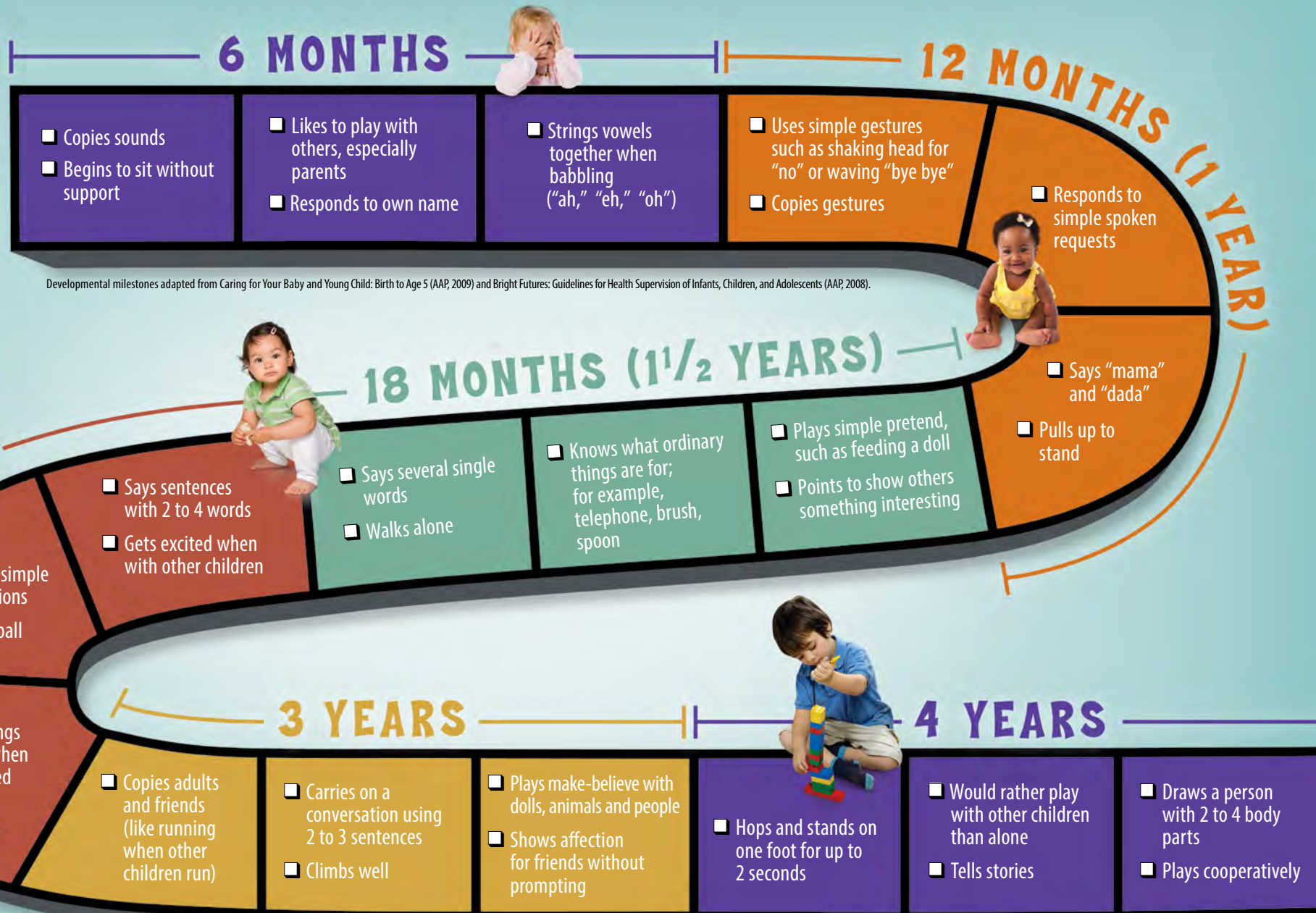
Your child's early development is a journey. Use this map of milestones to know what to look for along the way.

This brochure developed and provided by



Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



Developmental milestones adapted from Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) and Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2008).

These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.